



Photo by Eric Anderson

## May 2018 Edition

Welcome to the monthly bulletin from the Town of Bow. As part of our commitment to keep citizens informed and involved in the community, we hope you find this information to be useful. Follow the [public meeting schedule](#) [<http://www.bownh.gov/calendar.aspx?CID=28>].

Sign up for text and email notifications through [NotifyMe](#) [<http://www.bownh.gov/list.aspx>]®. Follow [<http://www.bownh.gov/twitter>] Bow Police, Recreation, and Library on social media.



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## A Word from your Selectmen

The Board of Selectmen are excited about the reorganization of the Board with two new members, Mike Wayne and Matt Poulin. Christopher Nicolopoulos is Chairman of the Board this year, and Colleen Hunter is the Vice-Chairman.

Chairman.

The Board set an aggressive agenda for the year, in addition to the committees on which the Selectmen are required to serve, which are the Planning Board and the Budget Committee.

Selectmen will also continue overseeing the improvements to the Community Building, entertain the installation of solar facilities on Town-owned land, continue discussions with the City of Concord for the extension of water service to Bow Junction, and be actively engaged in resolving the litigation with EverSource.

Citizens are encouraged to contact Chris at [cnicolopoulos@bownh.gov](mailto:cnicolopoulos@bownh.gov) [<mailto:cnicolopoulos@bownh.gov>] with any questions about the Board or how they can become involved with one of the Town's boards or commissions.



David Stack, Town Manager  
Photo © Eric Anderson.

## Town Manager's Report

### Birchdale Bridge Project

Work on the project will begin soon. A re-mobilization meeting with the engineer and contractor will be held on May 7 and a schedule to discuss the current status of the project and a schedule finish the work will be established at that time.

### New Twitter Account

A Town Manager twitter account has been set up to provide one more way to keep citizens informed of Town happenings. You can follow me [@BowManager](#) [<https://twitter.com/BowManager?lang=en>]

### Verizon Wireless and Sprint

The Town has filled out an application for consideration by Verizon Wireless to install equipment on the Safety Center communications tower. Verizon will be reviewing the application in order to determine the benefit of proceeding with a plan. Information has also been submitted to Sprint in response to an inquiry from a consultant for Sprint.

## Baker Free Library

### FREE Yoga classes for Bow residents May 2nd, 5th, and 16th

Due to a collaboration with YogaNH (Concord, NH), the library is pleased to offer FREE 1-hour yoga classes each month to Bow residents and library card holders! These classes are suitable for all levels, and the classes for May will be on Wednesday May 2, 12 – 1 pm, Saturday May 5, 9 – 10:00 a.m. and Wednesday May 16, 12:00 p.m. – 1:00 p.m. REGISTRATION IS REQUIRED AT LEAST 24 HOURS IN ADVANCE! Classes will be held in the Library's Merrimack County Savings Bank Room in the Lower Level. Because one of these classes is being held outside of library operating hours, participants will need to enter through the Lower Level door near the handicapped parking and ramp for the Saturday morning class. To register, contact Lori Fisher at 224-7113 or [lori@bakerfreelib.org](mailto:lori@bakerfreelib.org) [mailto:lori@bakerfreelib.org?subject=Register%20for%20Yoga%20Community%20Class]. Thank you to YogaNH [<https://bowbakerfreelibrary.us1.list-manage.com/track/click?u=dc495ac7a8891932fc64879c2&id=673b49ff73&e=e8bc585fae>] for giving back to the Bow community as part of their paid use of our facilities for events and workshops!

### Youth Services Librarian search

We are progressing with our search for a new Youth Services Librarian. We have conducted phone interviews with 12 potential candidates who met the minimum requirements, and are in the process of conducting in-person panel interviews, task assessments, and testing. The goal is to have this position filled shortly after Memorial Day. We'll announce the successful candidate in the next Town Bulletin.

### Summer Reading Kick-off on June 22, 2018

Our annual Summer Reading Kick-off event will be held on Friday June 22 from 4:00 p.m. to 7:00 p.m. Join us for food, activities, and community fun as we begin our trip around the world through the summer reading theme, "Reading Takes You Places!"

### Closings

The Library will close EARLY at 2:00 p.m. on Saturday May 26th, for the annual upstairs carpet cleaning, and will remain closed until Tuesday May 29th at 10:00 a.m. Our book and CD/DVD drops will be available, and you can reserve/renew items online through the catalog.

Visit [www.bowbakerfreelibrary.org](http://www.bowbakerfreelibrary.org) [<http://www.bowbakerfreelibrary.org/>].



## Bow Police Department

Master Patrol Officer Pratte and K-9 Roxy were involved in a serious motor vehicle accident and both are doing fine, thank you for your kinds words and support to our K-9 Team. Matt is back to full duty, however Roxy is only attending trainings, but is not on full patrol, as we are working on obtaining a cruiser for them, as his was totaled.

Chief Margaret Lougee attended the 2<sup>nd</sup> of 5 Emergency Responder Working Group meetings as part of the Governor's School Safety Preparedness Task Force. We are confident this committee will make realistic recommendations to the Governor on Emergency Response to Schools. The Town and School District are working hard on our "Reunification process" and continue to drill/exercise our alarms and work on the climates of each school. At this point, we urge parents to **update** and monitor emails, text and calls from the Schools and Town Emergency Officials for any emergency information needed.

### Unauthorized Use of Firearms Information

Unauthorized Use of Firearms NH RSA 644:13

A person is guilty of a violation if, within the compact part of a town or city, such person fires or discharges any **cannon, gun, pistol, or other firearm**, except by written permission of the chief of police or governing body. For the purposes of this section:

"Compact part" means the territory within a town or city comprised of the following:

- Any nonresidential, commercial building, including, but not limited to, industrial, educational, or medical buildings, plus a perimeter 300 feet wide around all such buildings without permission of the owner.
- Any park, playground, or other outdoor public gathering place designated by the legislative body of the city or town.
- Any contiguous area containing 6 or more buildings which are used as either part-time or permanent dwellings and the spaces between them where each such building is within 300 feet of at least one of the others, plus a perimeter 300 feet wide around all the buildings in such area.

### **Dogs Running At Large**

§ 44-1. Adoption of statutory provisions Dogs Running at Large

The Town voted to adopt the provisions of RSA 466:30-a which makes it unlawful for any dog to run at large, except when accompanied by the owner or custodian, and when the dog is used for hunting, herding, supervised competition and exhibition or training for such.

Please have a collar with tags or microchip your dogs. Bow Police is no longer using the old kennel behind Public Works, we are bringing the dogs to Pope SPCA on Clinton Street if an owner is not found from the tags or microchip. We do have a microchip scanner at the Safety Center.

Reminder Bow Police is dispatched through the Merrimack County Sheriff's Department in Boscawen. For Police Emergencies call 228-0511 or 9-1-1 for Police Administration call the Public Safety Center at 223-3950. **If you SEE SOMETHING, SAY SOMETHING.**

### **Story Time with Chief Lougee**

Chief Margaret Lougee attended a monthly family story time reading at the Baker Free Library. This was a great community policing effort and well attended. The Chief participated in activities, read a story and signed police hats for the kids! Thank you to Library Director Lori Fisher for the invitation.



Photo by Eric Anderson

### **Information Sharing with the Deaf and Hard of Hearing Community**

Lieutenant Scott Hayes and Chief Lougee attended a community forum in Concord to promote information sharing between law enforcement and the Deaf and Hard of Hearing community. A special thanks to the Deaf Grassroots Movement, Concord Police, Pembroke Police and Merrimack County Sheriff Department for participating as well.

This community event discussed tips, resources, and communication strategies between law enforcement and the deaf and hard of hearing community. If you are or know of someone who is deaf or hard of hearing, contact the Police Department so we can record this vital information in our computer system to assist you in communicating with us.



Photo by Eric Anderson

## Parks and Recreation Department

### It's not too late to join us in some of our Spring Activities

The following programs begin the first week in May and have limited openings: 4-5 year old Lacrosse, 3-4 year old T-Ball, Archery 7 and up, Field Hockey Clinic for grades 3 & 4, Snap Happy Photography Class for Adults and Violin, Viola or Cello Lessons for grades 1-4.

### Gentle Yoga and Meditation

Looking to learn how to take care of yourself in a relaxing and gentle way? We offer Gentle Yoga on Mondays from 12:00PM-1:00PM and Meditation on Wednesday Evenings 7:00-8:00 or Thursdays from 10:30AM-11:30AM. All abilities welcome.

### Mother's Day Tea

Join us for our Annual Mother's Day Tea on Thursday, May 10<sup>th</sup> from 12:00PM-1:00PM. We will offer light refreshments and friendship. Mom's of all ages are invited, with or without a child date. Bring a friend for our ladies social.

### Summer Recreation Flyer

Be on the lookout for our Summer Camps, Fitness and Activities Flyer. Our Program Coordinator Anne-Marie is working on a fun summer! Registration for all our programs is first come/first served and many will fill up! Find our flyer on the town website [www.bownh.gov](http://www.bownh.gov) [<http://www.bownh.gov/>]

### Check out our Face Book Page....."Bow Parks & Recreation"

This page is updated regularly to keep you informed of "Parks & Recreation Happenings" here in Bow.

## Public Works Department

### Spring Clean up has begun!

Sweeping has begun and frost heave and weight limit signs were removed. Damaged mailboxes were repaired and new ones installed.

### Cemeteries

All of the Cemeteries are now open. The crews continue pruning trees and moving debris from the cemeteries.

### Buildings and Grounds

Dan Freeman, accepted a position as Ground Superintendent at Lochmere Golf and Country Club in Tilton, NH. Dan has been a driving force in the improvement of the Town's recreation fields. We all wish him well.

Chip Craig is now the new groundskeeper, he has been working vigorously

cleaning the ball fields, and spring cleaning the areas around the Town buildings. If you see him out and about please don't hesitate to introduce yourself.

#### **Fleet Maintenance**

All of our heavy trucks have been serviced and are ready for spring and summer seasons.

The equipment trailers have been serviced and are prepared for use in the coming months. The grounds maintenance equipment was serviced. All standby generators are in the process of being serviced.

### **Town Clerk/Tax Collector's Office**

#### **Did you remember to register your dog?**

The deadline to Register your dog was April 30th . Late fees will start to accrue on June 1<sup>st</sup>. A big thank you to everyone who have already registered their dogs. Please update your email address by calling the Town clerk's office so we can send you dog reminder emails in the future. If you don't have email please update your phone numbers so we can call and remind you. You can register online, by mail or by coming to our office.

#### **Upcoming Elections**

The State Primary election is on Tuesday , September 11<sup>th</sup> ,2018

The State General election is on Tuesday , November 6<sup>th</sup> , 2018

If you need to change party affiliation for the upcoming State Primary you may do so at any time up until **June 5th**.

Come into the Town Clerk's office with your ID and fill out the form to change party. The Supervisors will be in session on Tuesday, June 5th from 7:00pm to 7:30pm in the Town Hall, Meeting Room B if you cannot make it before the Town office closes at 4:00 PM.

### **Bow Heritage Commission**

#### **Baker Heritage Room hours**

The Baker Heritage Room at the Baker Free Library will be open the second Thursday and third Saturday from 10 AM to 2 PM thru June, and by appointment. Bow Heritage Commission staff has been pleased with the interest shown, and historical information exchanged, as people and places in photos are identified and genealogy exchanged.

#### **Bow Heritage Commission is Moving**

The Bow Heritage Commission will be moving to their new location on Robinson Rd. (former Bow Police Station) in May. We look forward to working in this larger and more environmentally friendly space.

#### **Save the Date**

**Saturday, June 23, 10:30 a.m. to 2:00 p.m.**

You will be able to tour the Benjamin Bean House built by Francis Carr in 1760 and learn how it has been preserved, restored and re-purposed over the years. Meet at the Old Town Hall between 10:30 AM and 2:00 PM to sign up for the tour, learn more about Capt. Bean and Mr. Carr and enjoy the historic items on display. The Bow Men's Club will have lunch for sale between 11:30 AM and 12:30 PM. The 1894 School House will be Open as well. Questions Contact Faye Johnson 603-228-8149.



#### **Volunteers Needed**

The Bow Board of Selectmen is seeking residents interested in serving the community as a member of a Town Board, Committee or Commission. Currently there are openings on the following boards, committees and commissions:

- Business Development Commission
- Capital Improvements Program Committee (CIP)
- Conservation Commission
- Recycling & Solid Waste Committee
- Zoning Board of Adjustment

If you are interested in serving on any of the above boards, committees and commissions please visit the Town of Bow's website at [www.bownh.gov](http://www.bownh.gov) [<http://www.bownh.gov/>] to find more information on each board, committee and commission. If you have any questions please contact Tonia Lindquist at 603-223-3910 or by email at [tlindquist@bownh.gov](mailto:tlindquist@bownh.gov).

### Bow Drinking Water Protection Committee

Young children have very small bodies and eat more food per pound of body weight than adults as they grow. As a result, they get more arsenic from food or drinks compared to adults. For babies and kids, studies have shown that having arsenic in their bodies over time can lead to:

- Lower IQ
- Impaired brain development
- Growth problems
- Breathing problems
- An unhealthy immune system
- Cancer as an adult

If you're pregnant, your baby could be exposed to arsenic too. Arsenic can cross the placenta, which means that a pregnant woman's arsenic exposure through food and water may affect her baby's growth and development or lead to health problems later on in his or her life.

Learn more about the risks of arsenic exposure in children and how to reduce those risks. Visit [www.ArsenicandYou.org](http://www.ArsenicandYou.org).




Arsenic is a greater concern for children since they eat about **3x more** food per pound of body weight than adults.





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